

ONTARIO CYCLING ASSOCIATION
ACKNOWLEDGEMENT, RELEASE, INDEMNITY and ASSUMPTION of RISK
*(FOR ADULTS OVER THE AGE OF MAJORITY i.e. 18 and over in Alberta, Manitoba, Ontario, P.E.I.,
 Quebec, Saskatchewan and 19 and over in other Provinces and Territories)*

WARNING!
 By signing this document you will waive certain legal rights, including the right to sue in circumstances outlined in this Agreement . Please read carefully.

1. This is a binding legal agreement; therefore clarify any questions or concerns **before** signing. As a Participant in the sport of cycling and/or the events, programs, races and activities ("**Activities**") organized, operated conducted **and** sanctioned by the Ontario Cycling Association ("**OCA**") alone or with another organization (the OCA and such other organization collectively referred to herein as the "**Organizers**"), the undersigned being the Participant acknowledges and agrees to the following:
 2. I hereby release the Organizers, Cycling Canada, their respective members, officers, directors, employees, independent contractors, agents, and volunteers ("**Releasees**") from all liability, recourse, proceedings, claims, and causes of action of any kind whatsoever, in respect of all damages, personal injuries, death, or property losses which I may suffer arising out of or connected with the preparation for, or participation in, the Activities, notwithstanding that any such losses were caused solely or partly by the negligence of any of the Releasees.
 3. I hereby agree to indemnify and hold harmless the Releasees from any and all damages or losses of any kind as a result of any and all claims, demands, causes of action of any kind whatsoever including those involving negligence on the part of any of the Releasees that may be made or initiated by arising out of or connected with my preparation for and/or participation in any of the Activities.
 4. And, I hereby acknowledge and agree that:
 - a) I understand that none of the Releasees assumes any responsibility whatsoever for my safety during the course of any preparation for or participation in the Activities;
 - b) I have carefully read this ACKNOWLEDGEMENT, RELEASE, INDEMNITY and ASSUMPTION of RISK, that I fully understand same, and that I am freely and voluntarily executing same;
 - c) I have been given the opportunity and that I am encouraged to seek independent legal advice prior to signing this document;
 - d) I understand that the Organizers would not permit me to participate in any Activities unless I signed this ACKNOWLEDGEMENT, RELEASE, INDEMNITY and ASSUMPTION of RISK, which applies to all Activities whether occurring in the near or distant future and that the terms of this document need not be brought to my attention each time I participate in an Activity in order for it to be effective;
 - e) the term "Activities" as used herein includes, without limiting the generality of that term, training sessions, clinics, and events that are in any way authorized, sanctioned, organized or operated by any of the Organizers on its own or together with another, or to which OCA has issued a permit; and
 - f) this ACKNOWLEDGEMENT, RELEASE, INDEMNITY and ASSUMPTION of RISK agreement is binding on myself, my heirs, my executors, administrators, personal representatives and assigns.
- I AGREE to be bound by this ACKNOWLEDGEMENT, RELEASE, INDEMNITY and ASSUMPTION of RISK.**

**ONTARIO CYCLING
 CONCUSSION AWARENESS AND AGREEMENT FORM**

Document

I acknowledge that in Ontario, [Ontario's Rowan's Law legislation \(Concussion Safety\)](#), requires the following registrant categories:

- ALL registrants under the age of 26 including;
- Parents/legal guardians of registrants under the age of 18;
- Coaches;
- Officials;
- And Trainers

to:

- A) Confirm that they have reviewed the Ontario Government's Concussion Awareness Resources that are available for:

Ages 10 and Under	Ages 11 – 14	Ages 15 and Up
E-Booklet	E-Booklet	E-Booklet
Video	Video	Video
Interactive E-Module	Interactive E-Module	Interactive E-Module
Full Government Resource Page		

and,

B) Confirm that all registrant categories signing this document have reviewed the relevant [Ontario Cycling Concussion Policy and Concussion Code of Conduct](#).

To ensure all members are aware of the risks associated with concussions, Ontario Cycling is asking ALL members to kindly review the Government's Concussion Resources and [Ontario Cycling's Concussion Policy and Concussion Code of Conduct](#).

I confirm that I have reviewed the Ontario Government's Concussion Awareness Resources

I acknowledge and confirm that I have fully reviewed and commit to Ontario Cycling's Concussion Policy and Concussion Code of Conduct.

By signing below [typing in your name below and clicking the I Agree button], I agree to be bound by the Ontario Cycling Association ACKNOWLEDGEMENT, RELEASE, INDEMNITY and ASSUMPTION of RISK and Ontario Cycling's CONCUSSION AWARENESS AND AGREEMENT FORM.

I Agree to the above

PARTICIPANT NAME